

Contents

Prologue: Why You Chose to Incarnate	9
The Tunnel	11
My Disaster of a Life	15
The True Purpose of My Life	31
Looking Over My Life Review	45
My Life's Planning Session	49
The Meeting with My Kindred Souls in Heaven	61
Unmasking the Real Culprit Behind My Incarnation	73
How and Why My Incarnation Began	83
My Visit to the School of Matter	91
My First Incursion into the Third Dimension	99
My First Contact with Gaia	105
My Findings with the Human Species	115
Unravelling the Human Condition	121
The Futures of Gaia	131
What I Can Do for You from Here	143
The Decision	149